

ROCK THIS SCHOOL YEAR!




nicros



TEACHERS,

You know kids love to climb. Whether it's on chairs, over desks, or in trees. They know the thrill of overcoming physical challenges and conquering new territory. Encourage that sense of adventure and develop their natural athleticism at your school with a climbing wall and climbing products from Nicros.

Even if you're new to climbing, Nicros can help you add climbing to your school's education program with our unique experiential learning curriculum. The ClimbingForKids™ curriculum will help you teach the basics of climbing such as safety, technique, and training. Plus, your kids will learn skills for life, like teamwork, communication, group cooperation, interpersonal skills, and the encouragement of others.

Whether you're just getting started with a climbing program or adding to an existing one, Nicros has all the solutions you need at great savings. Browse our catalog or website at your leisure without high-pressure sales pitches. If you have a question, you can always call and speak to one of our experts. We'll help you find the climbing component or package that's just right for your students.

Nicros
651-778-1975
www.nicros.com



EASYWALL™

Nicros-EasyWall™ is a uniquely designed rock climbing wall panel system that is named "EasyWall" because installation is as easy as bolting it to an existing wall. EasyWall™ is a light-weight polyurethane 4'x4' panel molded to look like real rock. The climbing panel system comes with handholds, mounting hardware, and an installation manual. Nicros has more than ten years of experience with the "decorative rock" look. This technology was utilized to create the surface features of the EasyWall™ panels. Thus, aesthetics weren't sacrificed for the sake of simplicity.



EasyWall™ addresses the challenges that have existed for schools wanting to provide rock climbing for their students. In the past, an appropriate solution didn't exist. With a low-cost system that takes up very little space, rock climbing can now be offered at virtually any facility using the EasyWall™ system.

Each EasyWall™ panel is approximately two inches thick and also has natural crack features that will line up with the adjoining panels, regardless of how they are oriented. This attention to detail yields a simple, low-cost yet realistic climbing wall.

Each panel is available in Sand Tan or Light Grey (shown above) and comes with five handholds to get you started. The holds generally come in a combination of "kid-friendly" colors such as red, blue, green, yellow, or orange. There are 24 T-nut placements for handholds on each panel.



GRANITPANEL™

Nicros-GranitPanels™ are the highest quality, lowest price per square foot climbing wall system available. GranitPanels™ are 4'x4' plywood sheets covered with a special granite-like climbing texture and can easily be added to an existing wall (or framework) to create a wall of any width or height. The beauty of these panels is that they can be installed in a variety of indoor spaces and are used to create a vertical climbing wall or a bouldering wall. GranitPanels™ are available in 2 standard colors; Tan and Grey. Ten other custom colors are available for an additional cost. GranitPanel™ can be painted with a custom mural to enhance the look and appearance of your climbing wall. Each panel has 32 screw-in T-nuts which will leave you with endless possibilities for routesetting.



GranitPanel™ is a simple, low-cost climbing wall with awesome texture. A climbing wall made from Nicros-GranitPanels™ is a fun addition to any recreation center, school, camp, rehabilitation center, etc.

GranitPanel™ texture is the best in the industry, you won't find a better texture in any paint-on product. Unlike other paint-on textures, GranitPanel™ texture utilizes a special spray-on process that makes it tougher, stronger, more uniform and allows it to bond to the plywood better. In addition, the texture can be tinted and flecked to achieve a number of desired results. Each panel comes with eight handholds in a combination of "kid-friendly" colors. Purchase more kids holds from Nicros.com.





ALPHABET SET A-Z

HA (Set of 26)

These shapes were designed in a way that mimics each letter while still including usable features for climbing. Spell out your school name, or play word games with friends. These holds can be purchased individually or as a set.



NUMBERS SET 0-9

HN (Set of 10)

These shapes were designed in a way that mimics each number while still including usable features for climbing. Great for number games on the wall with younger climbers. These holds can be purchased individually or as a set.

FUN SHAPES 1

HKFF (Set of 5)

These fun shapes are great for kids of all ages. This set includes Apple, Frog, Inch Worm, Ice Cream Cone and Dinosaur.

- DINOSAUR HKJ
- INCH WORM HKH
- FROG HKG
- APPLE HKF
- ICE CREAM HKI



DESERT SOUTHWEST

HKUU (Set of 5)

These desert shapes are great for kids of all ages. This set includes Cactus, Rabbit, Lizard, Steerhead and Clay Pot.

- CLAY POT HKY
- STEERHEAD HKX
- RABBIT HKV
- LIZARD HKW
- CACTUS HKU



FUN SHAPES 2

HKKK (Set of 5)

These fun shapes are great for kids of all ages. This set includes Seashell, Turtle, Castle, Elephant and Mushroom.

- SEASHELL HKK
- ELEPHANT HKO
- TURTLE HKL
- CASTLE HKM
- MUSHROOM HKN



SPECIALTY SHAPES

HKPP (Set of 5)

These specialty shapes are great for kids of all ages. This set includes Snails, Monkey Face, Funny Face, Wizard and Clam.

- SNAILS HKP
- MONKEY FACE HKQ
- FUNNY FACE HKR
- WIZARD HKS
- CLAM HKT



ANIMALS SET

HKAA (Set of 5)

These friendly animal shapes are great for kids of all ages.
This set includes Bat, Gator, Walrus, Fish and Moon.

MOON HKA
BAT HKC
FISH HKB
WALRUS HKE
GATOR HKD



OCTOPUS

HKZO (Individual Hold)



SEAHORSE

HKZM (Individual Hold)



DECEIT

HUR (Set of 5)



HAPPY VALLEY

HQG (Set of 4)



BLOCKHEAD JUGS

USHJL (Set of 6)



LUMPY JUGS

HBC (Set of 5)



CAMP 5

HBE (Set of 5)



MOONBEAM

HHT (Set of 10)



ROOF SET 1

HRA (Set of 10)



ROOF SET 2

HRB (Set of 10)



SIMPLE JUGS

USHJJ (Set of 8)



LIONS
HBF (Set of 10)



TIGERS
HBG (Set of 10)



BEARS
HBH (Set of 10)



OH MY!
HBI (Set of 10)



COTTONWOOD
HUA (Set of 5)



COUNTERBALANCE
HQL (Set of 6)



TWINKLE TOES
HBL (Set of 10)



FAIRY FEET
HBM (Set of 10)



P.S. MICROS
HHR (Set of 10)



EH CAMPUS SET 1
HPG (Set of 10)



EH CAMPUS SET 2
HPH (Set of 10)



EH CAMPUS SET 3
HPI (Set of 10)



PM SIZE 3

*PMHI3 (Individual Holds)
PMHKS053 (Set of 5)*



PM SIZE 4

*PMHI4 (Individual Holds)
PMHKS054 (Set of 5)*



PM SIZE 5

*PMHI5 (Individual Holds)
PMHKS055 (Set of 5)*



PM SIZE 6

*PMHI6 (Individual Holds)
PMHKS056 (Set of 5)*



PM SIZE 7

*PMHI7 (Individual Holds)
PMHKS057 (Set of 5)*



PM SMALL ANIMALS

PMSA (Set of 4)



PM ANIMALS & TOYS

PMHKT105 (Set of 10)



PM FRUITS/VEGS

PMHKF105 (Set of 10)



PM GEOMETRIC

PMHKG104 (Set of 10)



PM ICE CREAM BALL HOLDER

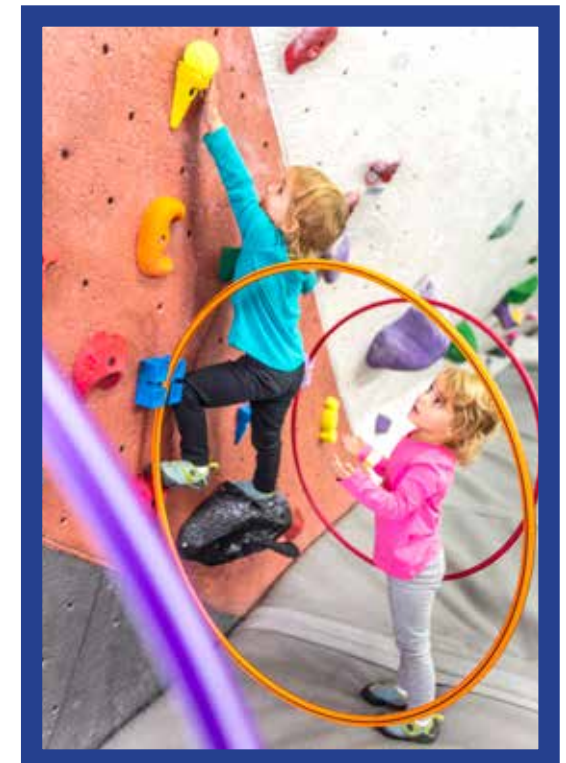
PMHKC054 (Set of 5)

These fun, colorful ice cream cone shaped holds come in red, blue, yellow, green, and purple. They also have the benefit of using them with any tennis ball-sized ball (not included) to play a variety of team-building, educational, and competitive games.

PM CASTLE HULA HOLDER HANDLES

PMHKH055 (Set of 5)

The castle shape adds an intriguing element to this handhold. It comes in red, blue, yellow, green, and purple. Each hold can hold a hula hoop (sold separately) to create vertical challenge courses and play fun games utilizing your climbing wall.





PM ALPHABET SET A-Z

PMHKN105 (Set of 26)

The PM Alphabet series looks sharp, adds fun and encourages creativity on your climbing wall. These climbing holds can combine physical exercise (climbing) with mental exercise (word games) to challenge students. These holds can be purchased individually or as a set.



PM NUMBERS SET 0-9

PMHKN105 (Set of 10)

The PM Numbers set includes great climbing holds that can be used to play math games. Have kids touch the numbers to solve math problems while they are on the wall, building their physical strength and math skills. These holds can be purchased individually or as a set.

NICROTEX™

1 GALLON & 5 GALLON - CLIMBING TEXTURE PAINT

Nicrotex™ is a 100% acrylic based textured paint for climbing walls. It is tough, low cost, easy to apply, and specially formulated to provide the best feel and durability for climbing walls. Tougher than other acrylic paints, this product will wear better and last longer. Apply with a brush or roller for smaller jobs or spray on for larger ones.



- Color Options: Driftwood and French Gray
- Each gallon covers at least 50 square feet with three coats
- VOC-compliant
- Easy to touch up areas

GYMTEX™ A PM Climbing product

5 GALLON – CLIMBING TEXTURE PAINT

GymTex™ is a durable, liquid, acrylic surface coating that is specially created for climbing walls. GymTex™ comes in twelve different colors which allows you to brighten up your climbing wall, or create a beautiful custom mural as the backdrop to your climbing surface. Simple to apply by brush, trowel or for larger surfaces it is best to use a texture hopper gun.

This product is more than paint and sand. It is a highly optimized acrylic texture product that is easy to apply. GymTex™ can be added to an existing plywood climbing wall or can be applied directly to a concrete wall. One coat coverage can be used for a typical installation depending on color of substrate and desired texture of GymTex™.

- Color Options: Red, Brown, Forest Green, Goldenrod, Royal Blue, Pumpkin, Tan, Blue, Beige, Grey, Light Blue, and Light Grey
- Five gallon covers approximately 90 to 100 square feet with two coats

Note: These products are water-based and are capable of freezing during shipping should temperatures drop below freezing. It is not recommended to ship during extremely cold weather.



To help prevent injuries to climbers and staff, all climbing wall facilities should undergo regular annual inspections as part of a comprehensive safety and operations program. Nicros' extensive knowledge in the construction and operations of artificial climbing walls gives us a unique ability to help climbing facilities reduce the risk of injury for everyone. Nicros' trained inspectors will systematically review various aspects of your structural components, protection anchors, as well as landing surfaces, Auto-Belay units, and operations procedures. After a thorough examination, our inspector will provide recommendations to address any safety concerns that may become costly liabilities if ignored. All inspections are performed in accordance with the CWA Specification for the Structural Inspection of Artificial Climbing Structures, First Edition.

During the inspection, Nicros' CWA Qualified Inspector will:

- Verify all attachments of the climbing wall to the parent structure
- Analyze the structural integrity of key components
- Inspect the climbing surface texture and handhold attachment points
- Check the top anchors, lead anchors, and anchor connection points
- Provide an examination of climbing gear including top and lead ropes
- Review top surface and underlayment stability of landing surface
- Ensure Climbing Wall User Manual is on site
- Document the inspection with photographs

After the inspection, Nicros' CWA Qualified Inspector will:

- Summarize all findings in an official report
- Send a copy of the report to the climbing wall supervisor

CLIMBINGFORKIDS™

ClimbingForKids™ is an organization whose expertise is derived from their resources. The staff at ClimbingForKids™ collectively have more than 100 years of climbing experience and an extensive background working with children through organizations such as Girl Scouts, Boy Scouts, YMCA, Public School Teaching, Campfire Girls & Boys, and many other community outreach programs.

Introducing kids to the sport of climbing not only helps them improve their balance, coordination, and maintain their physical fitness, but it also provides them with a way to learn to problem solve and set personal goals. Emotions play a big role in climbing as kids learn to deal with their frustration, anger, and mental attitude so they can persevere.

Our Curriculum Guide is intended to provide information and support for the staff at your program. The activities in this book seek to stimulate your imagination and “creative juices” so you can use these activities as building blocks to create more. There are many activities, technique lesson outlines, cross training outlines, and more information related to using rock climbing to meet National Standards.

With the purchase of a Nicros climbing wall we also encourage teachers to get the Curriculum Guide. Please call us at 651-778-1975 to purchase your Curriculum Guide today. Thank you and enjoy!



VERTICAL ENDEAVORS



Reach new heights with VE field trips!

We offer a variety of field trip options for students to learn how to climb from just one-time experiences to after-school clubs. We are able to customize the curriculum to meet your group goals. This two-hour program includes an instructor and basic gear. Pricing is based off of number of students and percent of school on free or reduced lunch. Dates fill up quickly, so please plan ahead.

WWW.VERTICALENDEAVORS.COM/GROUPS



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